There will be a Staff Member available to answer questions in the **Main Session** throughout the day. You will also return to the **Main Session for the Closing Awards Ceremony at 2pm**.

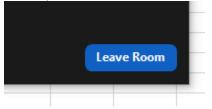
To find the **Breakout Rooms**, it is helpful to maximize your Zoom window and look for these options at the bottom:

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Security	Participants	Chat	Share Screen	Record	Closed Caption	Breakout Rooms	Reactions

Select the **Breakout Room** you would like to go to and click **Join**:

🕒 Breakout Rooms - In Progress	\times
 Resident Research 	Join
 Biomedical Research 	Join
 Biomedical for Undergrads 	Join
 Clinical Research 	Join
 Educational Research 	Join
	1

To return to the **main session** at any time, click the **blue "Leave Room" button** at the bottom of your screen. You will have options to **Leave the Room** or **Leave the Meeting**. Do not click on Leave Meeting unless you do want to leave Research Day.



You can also **travel to another Breakout room** by clicking on the "Breakout Rooms" icon at the bottom of the screen again, and then click the Join button for another room. (see next page)

